CYCLE RCT #142 Plate #051	Visit #090
ID (site #) (patient #) Initials F L In	essor Date of Assessment (dd/mm/yyyy) DLOGICAL ASSESSMENT TOOL (IPAT) (Form RC 1)
© University College London Hospitals NHS Foundation Trust 1. Was any clinical data collected at this timepoint? Yes No (insert reason #, if "other", specify) → (specify)	Interview of the system of th
"I would like to ask you some questions about your stay in intensive care, and how you've been feeling in yourself. These feelings can be an important part of your recovery.	 7. Cognitive issue - patient too sedated/agitated 8. Cognitive issue - patient unable to follow commands 9. (Intentionally omitted) 10. (Intentionally omitted)

11. Other assessment prioritized

12. Other (specify)

To answer, please circle the answer that is closest to how you feel, or answer in any way you are able to (e.g. by speaking or pointing)"

	Since you've been in Intensive care:		Α	В	С
1	Has it been hard to communicate?		No	Yes, a bit □	Yes, a lot
2	Has it been difficult to sleep?		No	Yes, a bit □	Yes, a lot
3	Have you been feeling tense?		No	Yes, a bit □	Yes, a lot
4	Have you been feeling sad?		No	Yes, a bit □	Yes, a lot
5	Have you been feeling panicky?		No	Yes, a bit □	Yes, a lot
6	Have you been feeling hopeless?		No	Yes, a bit □	Yes, a lot
7	Have you felt disoriented (not quite sure where you are)?		No	Yes, a bit □	Yes, a lot
8	Have you had hallucinations (seen or heard things you suspect were not really there)?		No	Yes, a bit □	Yes, a lot
9	Have you felt that people were <i>deliberately</i> trying to harm or hurt you?		No	Yes, a bit □	Yes, a lot
10	Do upsetting memories of intensive care keep coming into your mind?		No	Yes, a bit	Yes, a lot
Do you have any comments to add in relation to any of the answers?					
SCORING			Approximate time to complete assessment?		
Any answer in column A = 0 points Any answer in column B = 1 point <i>IPAT score out of 20</i>			Patient intubated during assessment?		

Any answer in column B = 1 point Any answer in column C = 2 points

IPAT score out of 20 Cut-off point \geq 7 indicates patient at risk