



CYCLE RCT: Clinical Note for Patient's Chart

Patient Name: _____

Date: _____

Thank you for inviting us to screen this patient for CYCLE RCT: An international, multi-centre, randomized clinical trial of early in-bed cycling for mechanically ventilated patients (Clinical Trials Ontario Study #1345; Hamilton Integrated Research Ethics Board #xxxxxx).

This patient met all of the inclusion criteria and exhibited none of the exclusion criteria. Enrolment of this patient in the CYCLE RCT was discussed with the attending ICU physician or designate.

Informed consent was obtained from _____

whose relation to the patient is _____

@ date _____ time _____

by _____

A copy of the consent form was given to _____
and a copy was placed in the patient's chart.

The purpose of CYCLE RCT is to determine whether critically ill, mechanically ventilated patients recover faster if they receive early in-bed cycling in addition to routine physiotherapy (PT). Following informed consent, patients will be randomized to receive 30 minutes/day of cycling and routine PT interventions or routine PT interventions alone. This will continue throughout their ICU stay (for up to 28 days), unless complications arise. Patients will also receive strength and function assessments at ICU awakening, ICU discharge, 3 days post-ICU discharge, and hospital discharge; our physiotherapists will administer these tests. Research staff will complete short questionnaires with the patients at ICU discharge, hospital discharge, and a short telephone call 90 days post-enrollment.

Please direct any questions to Research Coordinators, Alex Molloy (289) 808-6947, (905) 522-1155 ext. 34246, or France Clarke (905) 818-8236, (905) 522-1155 ext. 33633, or Dr. Michelle Kho (Principal Investigator) (289) 237-0194, Dr. Jill Rudkowski (905) 522-1155 pager 2088, or Dr. Deborah Cook (905) 979-9805.

Thank you for your interest and support!